



Share how you celebrate PEACE

For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Of the greatness of his government and peace there will be no end. He will reign on David's throne and over his kingdom, establishing and upholding it with justice and righteousness from that time on and forever. The zeal of the LORD Almighty will accomplish this.

-Isaiah 9:6-7

Learn more about 3 Great Loves, a United Church of Christ mission initiative, at 3greatloves.org

Here are ways you can embody PEACE during the second week of the Season of Advent:



Monday: BREATHE – Wonder in the presence of God's creation and take 10 minutes for slow, cleansing breaths. Go outside (or look out a window!) and enjoy the nature around you as you reflect upon the beauty of God's creation and the season of Advent. [#loveofcreation](#)

Tuesday: GATHER – Join in friendship. Come close. Gather together. Enjoy a movie night with friends and neighbors. Try *The Nativity Story*, *Mary of Nazareth* or *The Star of Bethlehem*. Or revisit your old favorites that capture the wonder and spirit of Christmas (*It's a Wonderful Life*, *Miracle on 34th Street*, *Charlie Brown's Christmas*). [#loveofneighbor](#)

Wednesday: BUILD – Work with your children to build your nativity scene slowly so that they may find peace as they 'see' the story of Christmas. Begin early December with the manger, then add the animals, next add Mary and Joseph. Finally, on Christmas Morning add Baby Jesus. On January 6th (Epiphany), add the wise men. [#loveofchildren](#)

Thursday: FOCUS – Focus on presence, not the presents. Give time to the children around you. Slow down. Pay attention to their needs and work to grant them peace and time to focus on their faith. [#loveofchildren](#)

Friday: PURGE – With an influx of new goodies coming in (through gift buying and receiving), spend some time looking at what you already have. Repurpose, reuse, or re-gift what you don't need. Give to charity, give to friends and look for new ways to repurpose so that others may enjoy it. [#loveofcreation](#)

Saturday: VISIT – Engage in outreach with members of your congregation. Make phone calls, send postcards or visit with those that are in nursing homes, rehabilitation centers, or area hospitals. Bring them the gift of comfort and peace. [#loveofneighbor](#)

~Stephanie Rader-Titzel, 3 Great Loves Ambassador, Penn Central Conference

What image depicts the promise of peace, awaiting fulfillment in your life? Share it on Instagram with [#3greatloves](#)